



Central Visayas Regional Nutrition Committee

Date : **13 January 2023**
To : **ALL LOCAL NUTRITION COMMITTEES**
Advisory : **OPT ADVISORY #1**
Subject : **2023 OPERATION TIMBANG PLUS**

The Operation Timbang (OPT) Plus is an annual anthropometric surveillance activity conducted by all local nutrition committees (LNCs) covering all preschool children aged 0-59 months. The majority of anthropometric assessment is regularly conducted on the 1st quarter of every year. Data generated from said activity is particularly useful in identifying magnitude and form of malnutrition in the community as well as identify priority nutrition interventions to address malnutrition in the area.

As of the moment, the 2023 Operation Timbang revised tool is not yet available. Thus this advisory is published to guide all local nutrition committees in Central Visayas in the conduct of the 2023 OPT Plus and in preparation for the release of the new tool.

1. Local nutrition committees are encouraged to continue activities of the first quarter Operation Timbang Plus, particularly data gathering and validation,
2. Ensure that all 0-59 months old children, children who are born in January to March of 2023 are included for better coverage.
3. Encode the data in an excel file and prepare for it to be transferred when the 2023 eOPT Plus tool is available.
4. Review gathered data and validate results in height and weight, as needed.
5. An online orientation on the new features of the tool will be scheduled the soonest.

Further notice will be released when the tool is available. For questions and inquiries, please contact the National Nutrition Council Region VII via our official Facebook page: <https://www.facebook.com/NNCRVII/> or email us at region7@nnc.gov.ph.

Thank you and stay safe!

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“New normal na nutrisyon, sama-samang gawan ng solusyon!”

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